

WATER

OVER

TEA

Water as an activist
Water as a nurturer
Water as a cleanser
Water as a supporter
Water as a killer
Water as a fluid
Water as cold
Water as hot
Water as an extinguisher
Water as a mover
Water as a path
Water as a catalyst
Water as a liberator
Water as a boarder
Water as land
Water as a partner
Water as tea
Water as a base
Water as refreshment
Water as an absorber
Water as a human right
Water as a solvent
Water as tangible
Water as intangible
Water as a conduit
Water as a disruptor
Water as a mirror
Water as a therapist
Water as a miracle
Water as music
Water as dirty
Water as immortal
Water as a diluter
Water as adhered
Water as roaring, falling, still
Water as an ocean, sea, lake
Water as a body
Water as tides
Water as bottled
Water as sterilize
Water as a muse
Water as holy
Water as rain

**Reflection prompts
inspired by
*Water After All***

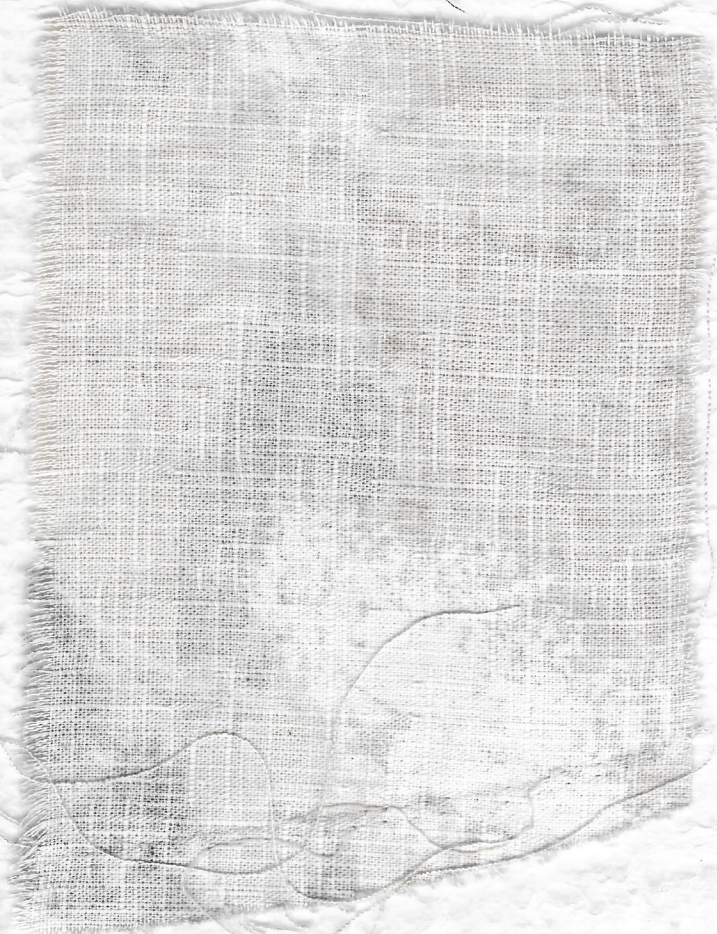
This zine contains a series of prompts that use water as a medium for reflection and meditation. These prompts were inspired by artworks in the exhibition *Water After All* at the Museum of Contemporary Art Chicago in 2020. Originally, this zine was intended to be used for in the gallery while looking at the artworks. Due to the Covid-19 shutdown in spring 2020, it was adapted for use at home.

About the Author:

Gus Fuentes is a Latinx seamstress from the East Side of Chicago. Fuentes has worked in the MCA Learning Department as a Family Day Assistant, TCA Apprentice, and as a member of the Teen Creative Agency. His favorite pastime is finding stray animals and bringing them home. He currently has four cats and two dogs, but at one point had five cats and three dogs. While the cats do not create a good environment for his practice of creating fiber art, at this point he feels like it's part of the process.

What draws you to water?

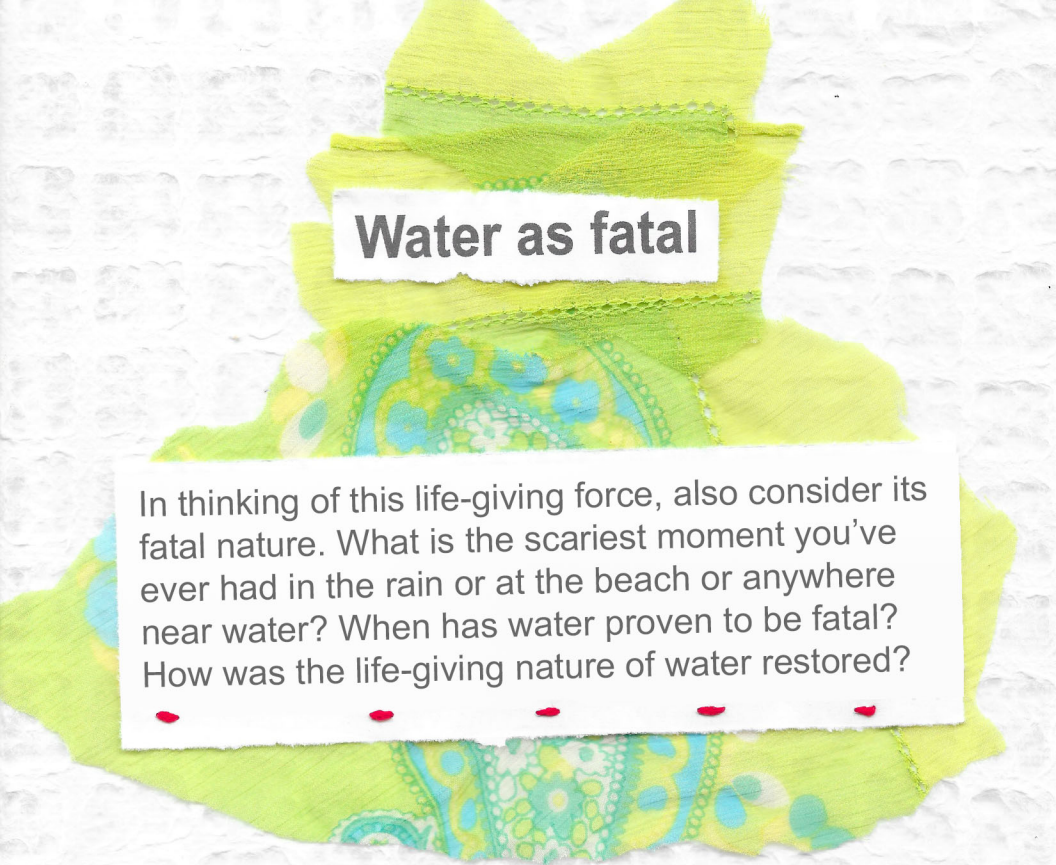
Find a photo of water on your phone. What drew you to this water? Draw or describe this image.



Water as a fluid

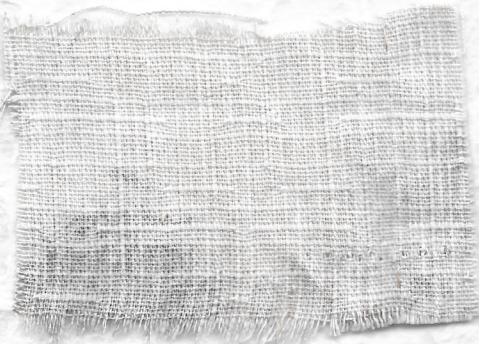
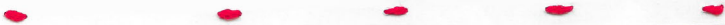
The constant shifting state of water brings to mind the fluidity of our own lives. Often we fluctuate between cultures, ideologies, genders, sexualities, stages of life, jobs, preferences without even noticing. How do you embody fluidity?





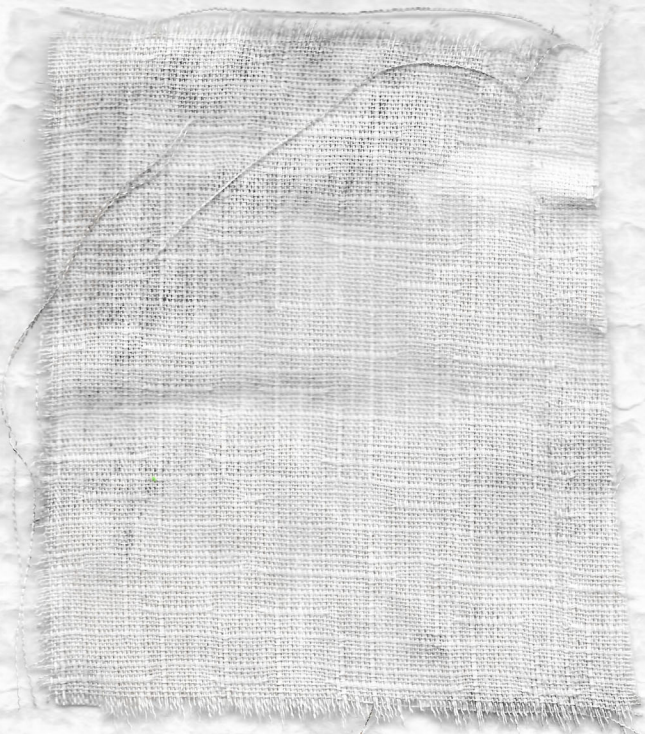
Water as fatal

In thinking of this life-giving force, also consider its fatal nature. What is the scariest moment you've ever had in the rain or at the beach or anywhere near water? When has water proven to be fatal? How was the life-giving nature of water restored?



Water as segmented

Water is usually segmented into smaller bodies like lakes and rivers. What is the closest body of water to you? When was the last time you visited it? Whenever it is safe for you, go to this water and decide what type of body it is. Consider the reason for segmenting the ocean into bodies like seas, gulfs, bays, etc.



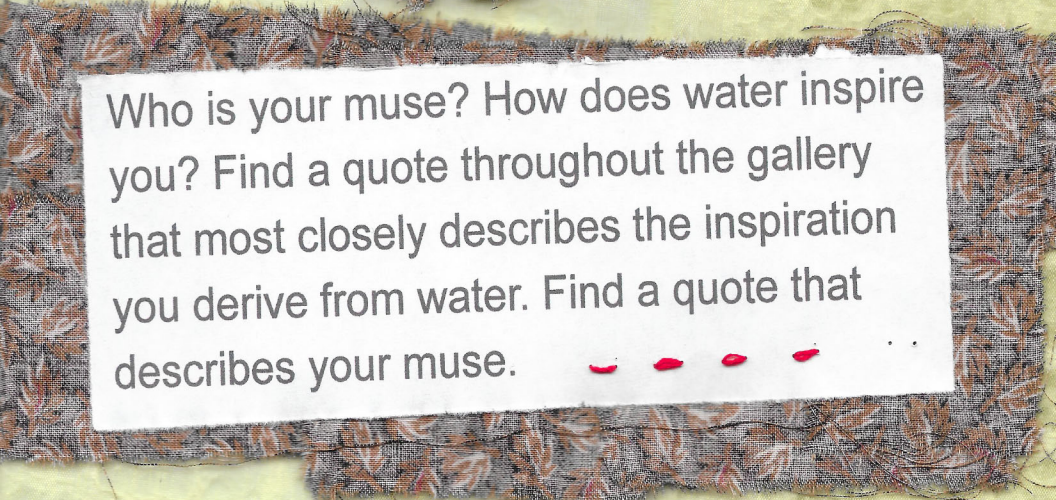
Water as a mirror

Fill up a bowl with water and try to find your reflection in the water. Notice which parts of your face are most easily visible. Now challenge someone in your home to a staring contest through this bowl. Position yourselves around the table so that you can see each other's reflection when looking at the bowl and begin the staring contest.

Hint: It's easier to find each other's reflection if you shine a flashlight on your face.



Water as a muse



Who is your muse? How does water inspire you? Find a quote throughout the gallery that most closely describes the inspiration you derive from water. Find a quote that describes your muse. — — — — . . .



Memorable Moments

